

Stan L. Bergman
Chief



6201 Atlantic Avenue
Ventnor City New Jersey,
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(609)823-7953
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Ventnor City Beach Patrol

The V.C.B.P. Junior Lifeguard Program

Who: Our program is for children ages 5-14

When: The program will be broken up into 2 4-day groups.

- Mon June 30th – Thu July 3rd 2025 from 10:30-12:00: Jr. Lifeguards ages 5-9

- Mon July 7th – Thur July 10th 2025 from 10:30-12:00: Jr. Lifeguards ages 10-14

Where: Ventnor City Beach Patrol Headquarters, Suffolk Avenue and the beach
(We will not hold the program in thunder/lightning/heavy downpour)

What: Our Junior Lifeguard program is designed to educate children on beach and ocean safety. We strive to promote solid interpersonal relationships, build teamwork and introduce children to the skills required to become a lifeguard. Most of all we want our children to have a fun, safe experience enjoying and learning about the ocean and beach. Each day we will meet at a designated area. We will start with a team stretch, a warm up run and then break into rotating stations. The fourth day of each group (Wed July 3rd and Thu July 10th) will hold the competitions in the beach run, surf dash and beach flags and a BBQ.

Sign Ups: Signs ups will be ONLINE (see attached link at: <http://ventnor.recdesk.com/>)

Link will be active beginning **May 30th**) or in person at the VCBP HQ at Suffolk and the Beach from May 24th through June 30th. The cost is \$20.00 per child (cash or check) and will include a Jr. Lifeguard T-shirt.

Each Day: The junior lifeguards should arrive on time each day. Please send your child in a bathing suit with a towel and a labeled water bottle. Children should apply sunscreen before arriving. We are looking forward to another terrific summer!

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Junior Lifeguard Registration

Name of Participant: _____

Address: _____
Street City Zip Code

Phone Number: _____ Sex: _____ Age _____ Shirt Size: _____

Junior Lifeguard Program: Ages 5-9 _____ Ages 10-14 _____

Person to contact in case of Emergency:

Name Address Phone

I, _____, hereby waive any liability as to the City of Ventnor City and it's instrumentalities and agents, for any injuries / damages resulting from any/all participants of this program.

Parent (or Legal guardian) signature _____

David Funk, Chief Gary Howarth, Captain Meghan Holland, Senior Lieutenant

Lieutenants:

Dan Schall, Greg Smith, Rob Wagner, Lisa Jones, Vinny Mahoney, Paddy Milligan